





**EK BHARAT SHRESHTHA BHARAT ACTIVITIES BY MINISTRY OF TOURISM
JULY 2021**

Sr. No	Activities by the Ministry	Month of Activity	Proposed Activity	Details of the Activity	Paired States involved	No. of Participants / Attendees	Any other relevant information
1	“Webinar on Assamese Cuisine”	July’ 2021	“Online webinar on Assamese cuisine”	IHM Guwahati organised a “Webinar on Assamese cuisine” amongst the students of IHM Guwahati for the month of July’ 2021.	Participation of IHM Guwahati Students.	Approx 70 -75 participants from IHM Guwahati, India took part in the event.	<p>This is with reference to the notification received under "Ek Bharat Shrestha Bharat" to conduct a “Webinar on Assamese cuisine”.</p> <p>IHM Guwahati has successfully conducted a webinar on Assamese cuisine on 1st July 2021.</p> <p>The webinar was successfully ended with a vote of Thanks</p>

India Tourism, Guwahati in Co-ordination
with IIM Guwahati
Presents a Webinar on


Topic: Assamese Cuisine

Speakers : Ms. Jyoti Das and Ms. Geeta Sharma


Thursday, 1st July 2021
STARTING FROM: 11.00 am

Google meet link : <https://meet.google.com/hzx-phoz-ezr>

Co-ordinator: Mr. Hemanta Baishya, Contact No: 9435730760




MS. JYOTI DAS



MS. GEETA SHARMA

A meal is most enjoyable if relished on a plantain leaf



Webinar on Assamese Cuisine

Tel Pitha / Phula pitha



Webinar on Assamese Cuisine

Til pitha



Webinar on Assamese Cuisine

An ideal Assamese Meal

- **First Course**
Khar, Fritters
- **Second Course**
Dal, Vegetable dishes and Chutney
- **Third Course**
Meat Dish with Salad
- **Forth Course**
Fish Tenga
- **Fifth Course**
Desert- Dahi or Payesh

Webinar on Assamese Cuisine

Bilahi'r Tenga (Tomato Tenga)



11:42 AM | Webinar on Assamese Cuisine

Webinar on Assamese Cuisine

CHUTNEYS (ACCOMPANIMENTS)

- MAAN DHONYAR CHUTNEY
- KALARDALIR CHUTNEY
- XORIOHOR CHUTNEY
- BILAHIR CHUTNEY
- BOOTOR CHUTNEY
- NOROSINHA PATOR CHUTNEY
- SAMA GHOSOR CHUTNEY
- BHEDELETAR CHUTNEY
- TILOR CHUTNEY
- NARIKOLOR CHUTNEY
- MAAN KOSUR CHUTNEY
- XUKAN MASOR CHUTNEY
- MESENDARIR CHUTNEY
- NAHURUR CHUTNEY

12:00 PM | Webinar on Assamese Cuisine

Webinar on Assamese Cuisine

BASIC PROCESS

- A CAKE IS PREPARED WITH HERBS SPECIES (DIFFERENT FOR DIFFERENT TRIBES) IN TYPE AND QUANTITY.
- THE CAKE IS MIXED WITH COOKED RICE, GENERALLY GELATINOUS RICE, PADDY RICE LIKE BORA SALL.
- THIS IS LEFT TO FERMENT FOR DAYS IN PICTURES.
- FINALLY IT IS FILTERED AND SERVED.

IT IS USUALLY THE PARENTS WHO PREPARE THE LOGNKS, AND IT IS PASSED FROM MOTHER TO DAUGHTER. HENCE IT IS UNSOUP FOR EVERY SECOND HOUSE.

ALCOHOLIC-

- XAJ PANI- AHOM/TIWA
- JUDIMA-DIMASA TRIBE
- HOR ARAK-KARBI TRIBE
- JOU BISHI - BODOS TRIBE
- SAI APONG-MISING TRIBE
- LAU PANI-LALUNG TRIBE
- PHOTIKA- KACHARI TRIBE

12:07 PM | Webinar on Assamese Cuisine

About this call

People Information

- Hemant Baishya (You)
- Aarhi Medhi
- Akash Kar
- Akib Ahmed
- Amitabh Dey
- Aniket Chauhan
- anil singh
- Anjali
- Arhit Sarkar
- Arshi Gogoi
- Ashok Kr Das

About this call


































People Information




- Ashok Kr Das
- Baishaly Banerjee
- bishwakamal kshyap
- Daivik Mishra
- DAKSHHA MADAN
- Eshita Nayak
- Ghanshyam Chaur...
- Himadri Singh
- IHM Guwahati
- IHM Guwahati
- India Tourism




▼ About this call

People

Information

-  Lamu yangchin Ta...  
-  Mandira Das  
-  Megha Mondal  
-  Megha Samadder  
-  Mhaske_ Gaurav  
-  Mohammad Tabish...  
-  Mondeep Deka  
-  MRITUNJAY MISHRA  
-  Namrata Baruah  
-  Narmi tatak  
-  Nikhil Rao  


































 You  




 Jyoti   77




▼ About this call

People

Information

-  India Tourism  
-  India Tourism Guw...  
-  Ishita Basu  
-  Jyoti Das (Present...  
-  Jyoti Das  
-  Kaustubh Kanodia  
-  Keshav Kumar Jha  
-  Khagen Saikia  
-  Komal Gaurav  
-  Kshetrimayur  
-  Lamu yangchin raw...  

 You  

 Jyoti   77